

CORRAL'S COMBAT CLASSIC
Brazilian Jiu-Jitsu & Submission Grappling
Tournament
 PRESENTS

THE PATRIOT GAMES
Saturday, July 31, 2010
Indiana University Northwest, Gary, Indiana

ADULT MALE GI DIVISION
ABSOLUTE WINNERS RECEIVE
\$200 (White, Blue, Purple Belt)
\$300 (Brown Belt)
\$400 (Black Belt)

GI & NO-GI FOR
MEN, WOMEN, AND KIDS

\$65 ADULTS & TEENS
\$40 KIDS
\$10 SPECTATORS

ADULT MALE NO-GI DIVISION
ABSOLUTE WINNERS RECEIVE
\$300 (BEGINNER, INTERMEDIATE)
\$500 (ADVANCED)

ONLINE PRE-REGISTRATION
SAVE \$10 AND GET A FREE T-SHIRT



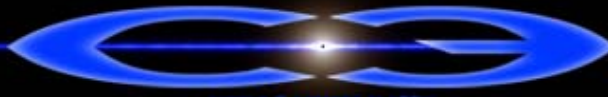
DOORS OPEN 7:00 AM

SIGN-UP/WEIGH-INS END FOR KIDS, TEENS, WOMEN (GI & NO-GI) AT 8 AM
KIDS, TEENS, WOMEN START AT 9 AM (GI FIRST, DIRECTLY FOLLOWED BY NO-GI)

SIGN-UP/WEIGH-INS END FOR ADULT/MASTER MEN GI AT 9 AM
ADULT/MASTER MEN GI STARTS AT 10 AM

SIGN-UP/WEIGH-INS END FOR ADULT/MASTER MEN NO-GI AT 2 PM
ADULT/MASTER MEN NO-GI STARTS AT 3 PM

FOR MORE INFO
www.C3Fighter.com 219-688-7363



CORRAL'S COMBAT CLASSIC

THE PATRIOT GAMES

JULY 31ST, 2010

INDIANA UNIVERSITY NORTHWEST - GARY, INDIANA

C3 Brazilian Jiu-Jitsu & Submission Grappling Tournament

C3 (Corral's Combat Classic) is proud to present "THE PATRIOT GAMES" Brazilian Jiu-Jitsu and Submission Grappling Tournament in Northwest Indiana on July 31st, 2010. If you are new to our tournament, we welcome you and will help in every way possible to give you one of the best competition experiences. If at any time you need assistance, please don't hesitate to ask our helpful staff. If you are returning to C3, welcome back and thank you for your continued support.

What's New?

C3 is constantly making improvements based on the feedback from our competitors so we can continue being the most organized and best run tournament around. Below are the latest improvements for 2010:

- **EXPANDED KIDS DIVISIONS** - We have broken the Kids divisions into different age groups. Before it was all kids 13 & under, now we have 3 separate kids divisions: 4 to 6 years, 7 to 9 years, and 10 to 12 years old. Each of these divisions contains two skill levels: Beginner and Advanced. The Beginner division does not have submissions and is meant for white belts or new wrestlers. The advanced division has submissions and is meant for colored jiu-jitsu belts and seasoned wrestlers.
- **EXPANDED TEEN DIVISIONS** - We have broken the Teen divisions into two different age groups: Early Teen which is 13 to 15 years old and Teen which is 16 to 17 years old. We have also added the Brazilian Jiu-Jitsu Yellow, Orange, and Green belt skill levels to the Early Teen division.
- **INCREASED PRIZE MONEY!!!** - We have increased the amount of money we give to the Adult Male Absolute Division Winners in GI and NO-GI. Besides the bragging rights of winning the Absolute Division there is nothing better than cold hard cash. We realize this so we decided to give more away! Not only do we give it away for advanced competitors but also beginning ones as well.
- **FACEBOOK AND TWITTER** - C3 Grappling is now on Facebook and Twitter. Visit our website to find links on how to become a C3 Fan on Facebook or receive Tweets about C3 grappling events.
- **EARLY WEIGH-INS** - Competitors can now weigh in the night before the event at the venue from 6 to 8 pm.

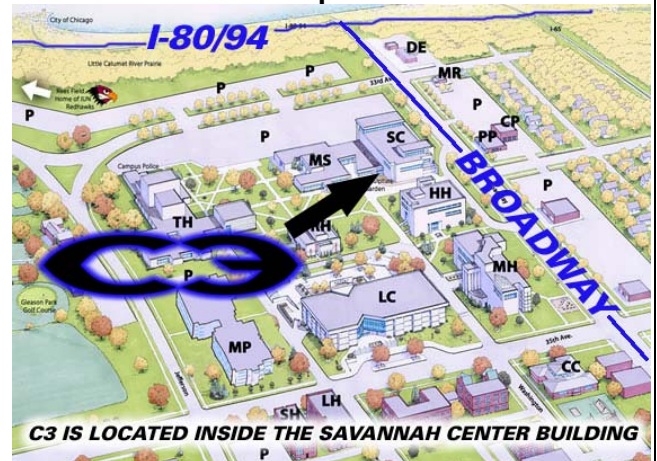
LOCATION / DIRECTIONS:

EVENT LOCATION: Indiana University Northwest, 3400 Broadway, Gary, IN 46408
C3 is located within the Savannah Center on the I.U.N. Campus

FROM CHICAGO: I-94 East to Indiana Exit 10 (Broadway / IN 53). Keep right to go south on Broadway. IUN Campus will be on the right.

FROM CLEVELAND: I-90 West to I-80/94 West via exit 21. Take the Broadway / IN-53 exit 10. Turn Left to go south on Broadway. IUN Campus will be on the right.

FROM THE SOUTH: I-65 North to I-94 West Exit 259A Towards Chicago. Take the Broadway / IN-53 exit 10. Turn Left to go south on Broadway. IUN Campus will be on the right.



Frequently Asked Questions (FAQ)

Question: Do I have to weigh in with my GI for the BJJ brackets?

Answer: No you do not. C3 is only interested in weighing the competitor and not the GI. This keeps competitors from having to buy expensive lightweight GIs for competition just to make weight.

Question: What forms of payment do you accept?

Answer: For Pre-Registration Online you can use Check, Credit Cards, or Bank Transfer thru PayPal. All online transactions are handled thru PayPal. For registration at the door, only cash is accepted. An ATM is located in the building if needed.

Question: If I Pre-Register, what do I need to do on the day of the event?

Answer: When you arrive your name and a registration sheet will already be filled out for you at the door. All you will have to do is sign the waiver, select the divisions that you want to compete in and proceed to the weigh-ins. Your free T-Shirt will be available at the same table in which the awards are given out on.

Question: Do I have to be Pre-Registered to go to the early Weigh-Ins?

Answer: No you do not. Anyone can do the early Weigh-Ins. You must register and pay that evening to weigh in early though.

Question: If I compete in the Masters Divisions can I also compete in the Adult Divisions?

Answer: Yes you can. C3 allows for all competitors in the Masters Division to also compete in the Adult Divisions for no extra cost. Just be aware that many of the Masters Divisions are taking place at the same time as the Adult Divisions so you will probably be running back and forth between Mats.

Question: How many divisions can I compete in with my registration fee?

Answer: The registration fee is the same no matter how many divisions you compete in.

Question: I've competed in other tournaments, are your rules similar?

Answer: The rules of C3 are almost identical to that of the International Brazilian Jiu-Jitsu Federation's rules. C3 allows for a few more submissions at lower skill levels compared to the IBJJF rules. Also in the No-Gi divisions, the first half of the round has no points or advantages scored.

Question: If I place in my division when do I receive my medal?

Answer: As soon as the division ends, the bracket will be delivered to the awards table within 15 minutes. All awards are given out at the awards table next to the awards podium.

Things to know if it's your first time to C3...

If this is your first time to C3, this section will explain how the tournament operates so you will know what to expect and what to do.

Up until a week before the tournament, competitors can Pre-Register online. This will save you \$10 on registration costs, get you a free t-shirt, and save you time at the door on the day of the tournament by having a registration sheet filled out for you at the door.

The night before the tournament from 6 pm to 8 pm, competitors can do early weigh-ins. At the early weigh-ins, competitors can register to compete (if you didn't already pre-register), fill out all necessary paperwork, and weigh-in. This not only allows competitors to save time the day of the tournament but also to hydrate and prepare. In order to weigh in early the night before, competitors must register and pay.

On the day of the tournament, competitors and spectators will first go to the front table. If you pre-registered, there will be a special line noted with a sign that will have your pre-registration sheet. The sheet will have your contact information listed, all you will have to do is circle the divisions you want to compete in and sign the waiver. If you did early weigh-ins the night before, your name will be on a list at the front door so you can enter without having to pay again. The front table will collect your money and stamp your registration sheet.

Once past the front table, competitors will need to proceed to the weigh-ins before the listed weigh-in cutoff time with their registration sheet. If you did the early weigh-ins the night before you do not have to go back to the weigh in table. The weigh-in table will verify your weight and collect the registration sheet.

After weighing in you will have some time to change and prepare for your brackets. Before the tournament begins, a rules meeting will take place to quickly review the rules and answer any questions competitors or coaches may have. In this brochure is a list of every ring and what brackets will be ran at those rings. When the tournament begins be sure to stay near the listed rings for your bracket and name to be called. Sometimes in order to keep the tournament running on schedule, brackets are moved from one ring to another. When this occurs announcements will be made on the gym loudspeaker system.

Once a division has been completed at a ring, the completed bracket is given to the bracket winner and taken to the awards table. All competitors that place can pick up their medals at this table and have their picture taken on the awards podium. All kids competing will receive a medal regardless of place.

If you have any questions, feel free to ask anyone at the front table or head table and we will be happy to assist you.

Contact Us

If you have any questions or would like to sign up for updates on the C3 Grappling Tournament contact us at any of the methods below:

Website: www.c3fighter.com
Email: c3grappling@gmail.com
Phone: 219-688-7363

C3 REGISTRATION FORM C3

**ADULTS & TEENS \$65 TO COMPETE IN GI/NO-GI/ABSOLUTE
KIDS \$40 TO COMPETE IN GI AND NO-GI**

Name:	Emergency Phone #:
Address:	
City:	State: Zip:
Email:	Team:

***** PLEASE CIRCLE YOUR SELECTIONS *****

MEN

GI DIVISIONS:

NO-GI DIVISIONS:

AGE	EXPERIENCE	WEIGHT CLASS	ABSOLUTE	EXPERIENCE	WEIGHT CLASS	ABSOLUTE
YOUNG TEEN (13 - 15)	WHITE BELT		YES	BEGINNER (0-1 YEAR)		YES
	YELLOW BELT (YOUNG TEEN)	ROOSTER (129.9 LBS & UNDER)			SUPER FEATHER (139.9 LBS & UNDER)	
TEEN (16 - 17)	ORANGE BELT (YOUNG TEEN)	SUPER FEATHER (130 LBS TO 139.9 LBS) FEATHER (140 LBS TO 149.9 LBS) LIGHT (150 LBS TO 159.9 LBS)		INTERMEDIATE (1 - 3 YEARS)	MIDDLE (170 LBS TO 184.9 LBS) LIGHT HEAVY (185 LBS TO 199.9 LBS)	
	GREEN BELT (YOUNG TEEN)	WELTER (160 LBS TO 169.9 LBS) MIDDLE (170 LBS TO 179.9 LBS)				
ADULT (18 -29)	BLUE BELT	LIGHT HEAVY (180 LBS TO 189.9 LBS) MEDIUM HEAVY (190 LBS TO 199.9)		ADVANCED (3 YEARS & UP)	HEAVY (200 LBS TO 214.9 LBS) SUPER HEAVY (215 LBS & UP)	
	MASTERS (30 & UP)	PURPLE BELT				
	BROWN BELT					
	BLACK BELT					

WOMEN

GI DIVISIONS:

NO-GI DIVISIONS:

AGE	EXPERIENCE	WEIGHT CLASS	ABSOLUTE	EXPERIENCE	WEIGHT CLASS	ABSOLUTE
YOUNG TEEN (13 - 15)	WHITE BELT		YES	BEGINNER (0-1 YEAR)		YES
	YELLOW BELT (YOUNG TEEN)	SUPER FEATHER (119.9 LBS & UNDER)			LIGHT (134.9 LBS & UNDER)	
TEEN (16 - 17)	ORANGE BELT (YOUNG TEEN)	FEATHER (120 LBS TO 129.9 LBS) LIGHT (130 LBS TO 139.9 LBS)		INTERMEDIATE (1 - 3 YEARS)	MIDDLE (135 LBS TO 149.9 LBS) LIGHT HEAVY (150 LBS & UP)	
	GREEN BELT (YOUNG TEEN)	MIDDLE (140 LBS TO 149.9 LBS) LIGHT HEAVY (150 LBS & UP)				
ADULT (18 & UP)	BLUE BELT			ADVANCED (3 YEARS & UP)		
	PURPLE & UP					

KIDS

GI DIVISIONS:

NO-GI DIVISIONS:

WEIGHT:

PAID:

AGE	EXPERIENCE	EXPERIENCE	WEIGHT	
(4 - 6)	BEGINNER (NO SUBMISSIONS)	BEGINNER (NO SUBMISSIONS)		<div style="border: 1px solid black; border-radius: 15px; width: 100%; height: 100%;"></div>
(7 - 9)			_____ LBS	
(10 - 12)	ADVANCED (SUBMISSIONS)	ADVANCED (SUBMISSIONS)		

 **CORRAL'S COMBAT CLASSIC** 
Brazilian Jiu-Jitsu / Submission Grappling Tournament

WAIVER RELEASE AND ASSUMPTION OF RISK

Please read carefully. This document affects your legal rights. PRINT NAME AT TOP AND SIGN AT BOTTOM

I, _____ (**NAME**) do hereby submit my application for participation in Corral's Combat Classic on _____ (**DATE**). I hereby assume full responsibility and liability for all damages, injuries, and losses that I may sustain or incur while participating in or watching the tournament.

I realize that serious injury is commonplace in martial arts tournaments such as the one that I am hereby entering; and that even death is a very real possibility. I also realize that if I am injured, I might be disfigured, disabled, and/or unable rendered unable to work again. I realize that regardless of how this consequence might occur – whether it be the result of an opponent's actions, the action or inaction of a referee, the condition of the mats used, the conduct of a non-participant or some other reason – **By entering into this agreement I accept the risk of entering and being present at the tournament and give up and waive all claims I or anyone acting on my behalf or through me might have against Braulio Corral, Joseph Langford, the promoters, operators, sponsors, officials, participants, non-participants, or the Event Venue and their agents, employees and representatives for any injury regardless of its nature, effect or affect on me as a result of my participation and/or presence at the tournament.**

I authorize and agree to hold harmless, whatever medical personnel that may be present at the tournament to take any action necessary, should I become injured.

I further understand that tickets will be sold to spectators to watch the tournament; that news media and others might cover the tournament and that it may also be video taped or otherwise shown to audiences around the world. I hereby consent to having my likeness shown, publicized, commented and/or reported on; and I do not expect to, and in fact waive any compensation I might otherwise be entitled to as a result thereof.

I represent that I am in good health; that I am not presently, nor will I participate while under the influence of any drug or medication; that no one affiliated with this tournament has encouraged me to enter or made any representations regarding my fitness or ability to participate; that I have read and understood every provision of this release; and that I am legally competent to and freely enter into this waiver, release and assumption of risk agreement.

SIGNATURE

DATE

I, _____, hereby certify that I am Parent or Legal Guardian of the above named minor; that I have read and understood every provision of this release; and that I am legally competent to and freely enter into this waiver, release and assumption of risk agreement on behalf of the minor and myself.

SIGNATURE OF PARENT OR LEGAL GUARDIAN

DATE

TOURNAMENT SCHEDULE

<u>TIME</u>	<u>EVENT</u>
7 AM	Doors Open – Registration Begins
8 AM	Kids/Teens/Women GI & NO GI - Door Sign ups & Weigh-ins End
8:45 AM	Kids/Teens/Women GI & NO GI – Rules Meeting
9 AM	Kids/Teens/Women GI & NO GI Brackets Start (NO GI Starts right after GI DIVISIONS END)
	Adult/Masters GI - Door Sign ups & Weigh-ins End
9:45 AM	Adult/Masters GI – Rules Meeting
10 AM	Adult/Masters GI Brackets Start (Absolute Divisions First)
2 PM	Adult/Masters NO GI - Door Sign ups & Weigh-ins End
2:45 PM	Adult/Master NO GI – Rules Meeting
3 PM	Adult/Masters NO GI Brackets Begins Start (Absolute Divisions First)

CORRAL'S COMBAT CLASSIC™

WEIGHT CLASSES

Men's Brazilian Jiu-Jitsu (Gi)

Rooster	129.9 lbs & Under
Super Feather	130 lbs to 139.9 lbs
Feather	140 lbs to 149.9 lbs
Light	150 lbs to 159.9 lbs
Welter	160 lbs to 169.9 lbs
Middle	170 lbs to 179.9 lbs
Light Heavy	180 lbs to 189.9 lbs
Medium Heavy	190 lbs to 199.9 lbs
Heavy	200 lbs to 209.9 lbs
Super Heavy	210 lbs & Up
Absolute	Unlimited

Men's Submission Wrestling (No-Gi)

Super Feather	139.9 lbs & Under
Feather	140 lbs to 154.9 lbs
Light	155 lbs to 169.9 lbs
Middle	170 lbs to 184.9 lbs
Light Heavy	185 lbs to 199.9 lbs
Heavy	200 lbs to 214.9 lbs
Super heavy	215 lbs & Up
Absolute	Unlimited

Women's Brazilian Jiu-Jitsu (Gi)

Super Feather	119.9 lbs & Under
Feather	120 lbs to 129.9 lbs
Light	130 lbs to 139.9 lbs
Middle	140 lbs to 149.9 lbs
Light Heavy	150 lbs & Up
Absolute	Unlimited

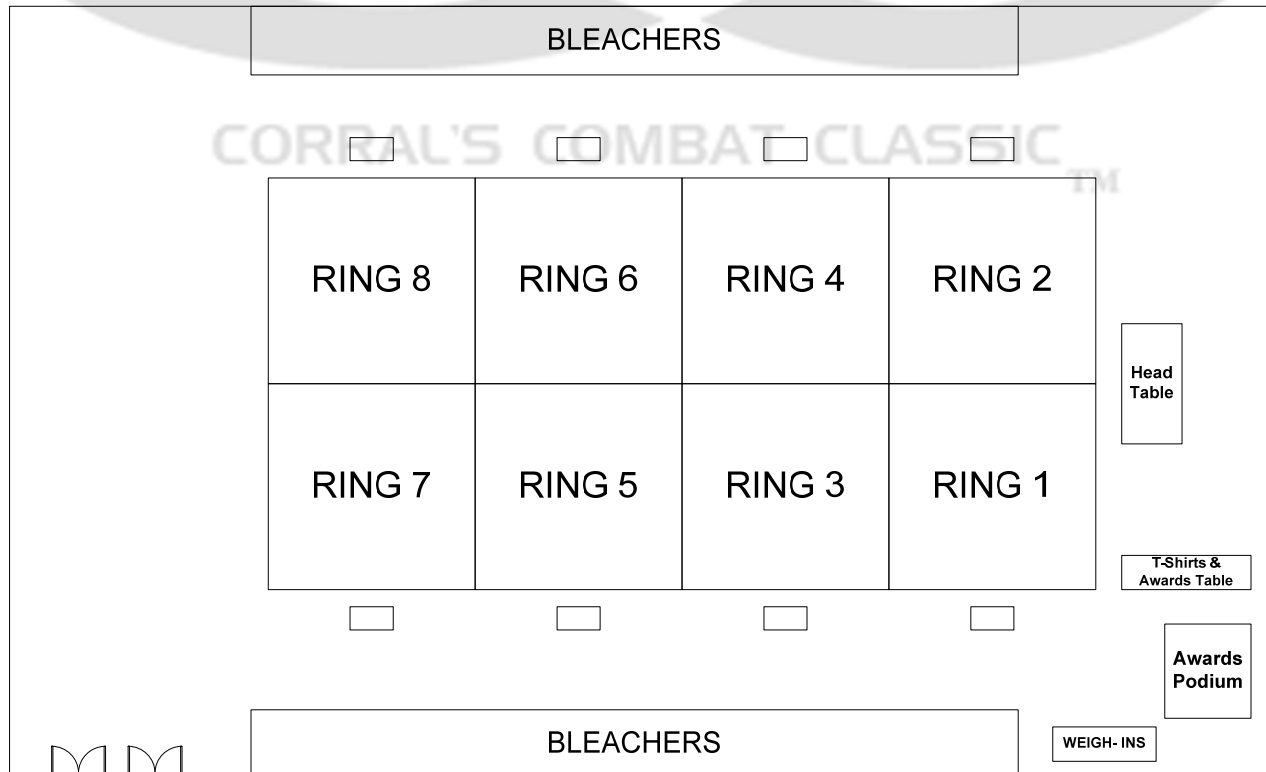
Women's Submission Wrestling (No-Gi)

Light	134.9 lbs & Under
Middle	135 lbs to 149.9 lbs
Light Heavy	150 lbs & Up
Absolute	Unlimited

Early Teen & Teen will use the same weight classes listed above for Men & Women Divisions.

Kids Divisions will be separated the day of the tournament in 10 pound weight classes (Example: 50 lbs to 59.9 lbs).

GYM LAYOUT



REGISTRATION

RING ASSIGNMENTS

RING 1

Kids (GI & No GI)

Kids, Beginner GI 39.9lbs & Under
Kids, Beginner GI 40 to 49.9 lbs
Kids, Advanced GI 39.9lbs & Under
Kids, Advanced GI 40 to 49.9 lbs
Kids, Beginner NO-GI 39.9lbs & Under
Kids, Beginner NO-GI 40 to 49.9 lbs
Kids, Advanced NO-GI 39.9lbs & Under
Kids, Advanced NO-GI 40 to 49.9 lbs

Brazilian Jiu-Jitsu (GI)

Adult, Male, Black Belt, All Weight Classes
Adult, Male, Brown Belt, All Weight Classes

Submission Wrestling (NO-GI)

Adult, Male, Advanced, Absolute
Adult, Male, Advanced, Super Feather (139.9 lbs & Under)
Adult, Male, Advanced, Feather (140 to 154.9 lbs)
Adult, Male, Advanced, Light (155 to 169.9 lbs)

RING 2

Kids (GI & No GI)

Kids, Beginner GI 50 to 59.9 lbs
Kids, Beginner GI 60 to 69.9 lbs
Kids, Advanced GI 50 to 59.9 lbs
Kids, Advanced GI 60 to 69.9 lbs
Kids, Beginner NO-GI 50 to 59.9 lbs
Kids, Beginner NO-GI 60 to 69.9 lbs
Kids, Advanced NO-GI 50 to 59.9 lbs
Kids, Advanced NO-GI 60 to 69.9 lbs

Brazilian Jiu-Jitsu (GI)

Adult, Male, Purple Belt, All Weight Classes
Adult, Male, Blue Belt, Medium Heavy (190 to 199.9 lbs)
Adult, Male, Blue Belt, Heavy (200 to 209.9 lbs)
Adult, Male, Blue Belt, Super Heavy (210 lbs & Up)

Submission Wrestling (NO-GI)

Adult, Male, Advanced, Middle (170 to 184.9 lbs)
Adult, Male, Advanced, Light Heavy (185 to 199.9 lbs)
Adult, Male, Advanced, Heavy (200 to 214.9 lbs)
Adult, Male, Advanced, Super Heavy (215 lbs & Up)

RING 3

Kids (GI & No GI)

Kids, Beginner GI 70 to 79.9 lbs
Kids, Beginner GI 80 to 89.9 lbs
Kids, Advanced GI 70 to 79.9 lbs
Kids, Advanced GI 80 to 89.9 lbs
Kids, Beginner NO-GI 70 to 79.9 lbs
Kids, Beginner NO-GI 80 to 89.9 lbs
Kids, Advanced NO-GI 70 to 79.9 lbs
Kids, Advanced NO-GI 80 to 89.9 lbs

Brazilian Jiu-Jitsu (GI)

Adult, Male, Blue Belt, Absolute
Adult, Male, Blue Belt, Rooster (129.9 lbs & Under)
Adult, Male, Blue Belt, Super Feather (130 to 139.9 lbs)
Adult, Male, Blue Belt, Feather (140 to 149.9 lbs)

Submission Wrestling (NO-GI)

Adult, Male, Intermediate, Super Feather (139.9 lbs & Under)
Adult, Male, Intermediate, Feather (140 to 154.9 lbs)
Adult, Male, Intermediate, Light (155 to 169.9 lbs)
Adult, Male, Intermediate, Middle (170 to 184.9 lbs)

RING 4

Kids (GI & No GI)

Kids, Beginner GI 90 to 99.9 lbs
Kids, Beginner GI 100 to 109.9 lbs
Kids, Advanced GI 90 to 99.9 lbs
Kids, Advanced GI 100 to 109.9 lbs
Kids, Beginner NO-GI 90 to 99.9 lbs
Kids, Beginner NO-GI 100 to 109.9 lbs
Kids, Advanced NO-GI 90 to 99.9 lbs
Kids, Advanced NO-GI 100 to 109.9 lbs

Brazilian Jiu-Jitsu (GI)

Adult, Male, Blue Belt, Light (150 to 159.9 lbs)
Adult, Male, Blue Belt, Welter (160 to 169.9 lbs)
Adult, Male, Blue Belt, Middle (170 to 179.9 lbs)
Adult, Male, Blue Belt, Light Heavy (180 to 189.9 lbs)

Submission Wrestling (NO-GI)

Adult, Male, Intermediate, Absolute
Adult, Male, Intermediate, Light Heavy (185 to 199.9 lbs)
Adult, Male, Intermediate, Heavy (200 to 214.9 lbs)
Adult, Male, Intermediate, Super Heavy (215 lbs & Up)

RING 5

Kids (GI & No GI)

Kids, Beginner GI 110 to 119.9 lbs
Kids, Beginner GI 120 lbs & up
Kids, Advanced GI 110 to 119.9 lbs
Kids, Advanced GI 120 lbs & up
Kids, Beginner NO-GI 110 to 119.9 lbs
Kids, Beginner NO-GI 120 lbs & up
Kids, Advanced NO-GI 110 to 119.9 lbs
Kids, Advanced NO-GI 120 lbs & up

Brazilian Jiu-Jitsu (GI)

Adult, Male, White Belt, Absolute
Adult, Male, White Belt, Rooster (129 lbs & Under)
Adult, Male, White Belt, Super Feather (130 to 139.9 lbs)
Adult, Male, White Belt, Feather (140 to 149.9 lbs)

Submission Wrestling (NO-GI)

Adult, Male, Beginner, Absolute
Adult, Male, Beginner, Super Feather (139.9 lbs & Under)
Adult, Male, Beginner, Feather (140 to 154.9 lbs)

RING 6

Teens (GI & No GI)

Teens, Male, All Belts, All Weight Classes
Teens, Female, All Belts, All Weight Classes

Brazilian Jiu-Jitsu (GI)

Adult, Male, White Belt, Light (150 to 159.9 lbs)
Adult, Male, White Belt, Welter (160 to 169.9 lbs)
Adult, Male, White Belt, Middle (170 to 179.9 lbs)
Adult, Male, White Belt, Light Heavy (180 to 189.9 lbs)

Submission Wrestling (NO-GI)

Adult, Male, Beginner, Light (155 to 169.9 lbs)
Adult, Male, Beginner, Middle (170 to 184.9 lbs)
Adult, Male, Beginner, Light Heavy (185 to 199.9 lbs)

RING 7

Women (GI & No GI)

Adult, Female, All Belts, All Weight Classes

Brazilian Jiu-Jitsu (GI)

Adult, Male, White Belt, Medium Heavy (190 to 199.9 lbs)
Adult, Male, White Belt, Heavy (200 to 209.9 lbs)
Adult, Male, White Belt, Super Heavy (210 lbs & Up)

Submission Wrestling (NO-GI)

Adult, Male, Beginner, Heavy (200 to 214.9 lbs)
Adult, Male, Beginner, Super Heavy (215 lbs & Up)

RING 8

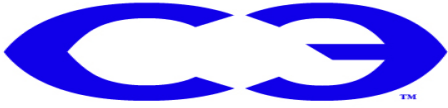
Brazilian Jiu-Jitsu (GI)

Masters, Male, All Belts, All Weight Classes

Submission Wrestling (NO-GI)

Masters, Male, All Skills, All Weight Classes

C3 QUICK REFERENCE



TIME LIMITS

Kids (4 to 6 Years Old)

All Divisions: 2 Minutes

Kids (7 to 9 Years Old)

All Divisions: 3 Minutes

Kids (10 to 12 Years Old)

All Divisions: 4 Minutes

Young Teen (13 to 15 Years Old)

All Divisions: 4 Minutes

Teen (16 to 17 Years Old)

All Divisions: 5 Minutes

Adult (18 to 29 Years Old)

White Belt (Gi): 5 Minutes

Blue Belt (Gi) / Beginner (No-Gi): 6 Minutes

Purple Belt (Gi) / Intermediate (No-Gi): 7 Minutes

Brown Belt (Gi) / Advanced (No-Gi): 8 Minutes

Black Belt (Gi) / Pro (No-Gi): 10 Minutes

Masters (30 Years Old & Up)

White Belt (Gi): 5 Minutes

Blue Belt (Gi) / Beginner (No-Gi): 5 Minutes

Purple Belt (Gi) / Intermediate (No-Gi): 6 Minutes

Brown Belt (Gi) / Advanced (No-Gi): 6 Minutes

Black Belt (Gi): 6 Minutes

POINTS

Takedown: 2 Points

Sweep: 2 Points

Knee on Stomach: 2 Points

Guard Pass: 3 Points

Mount: 4 Points

Back Mount: 4 Points

RESTRICTED MOVES

Beginner Kids (Gi & No-Gi)

Slam from Guard

ALL SUBMISSIONS

Advanced Kids, Young Teen, & Teen (Gi & No-Gi)

Slam from Guard

Any Foot or Leg Locks

Cervical Locks

Bicep Cruncher

Calf Crusher

Wrist Lock

Adult & Masters (Gi - White Belt)

Slam from Guard

Cervical Locks

Bicep Cruncher

Calf Crusher

Heel Hook

Knee Bar

Outside Toe Holds

Adult & Masters (Gi - Blue Belt, No-Gi Beginner)

Slam from Guard

Cervical Locks

Heel Hook

Knee Bar

Outside Toe Holds

Adult & Masters (Gi - Purple to Black Belt) (No-Gi Intermediate & Advanced)

Slam from Guard

Cervical Locks

Heel Hook

Outside Toe Holds

Adult (No-Gi Pro)

Slam from Guard

Cervical Locks